

Hohenwald Church of Christ Family News

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Shepherds

Darrell Hinson 931-209-5146

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Minister:

Greg Smith

931-306-7089

Deacons

Tom Gosser

Jon Jones

Billy Don Jackson

Steve Selby

Jeff Peery

Check out our website:

hohenwaldchurchofchrist.com

Phone: 931-796-3167

Honored to Serve in March:

Announcements:

Scotty Duncan

Song Leader: Steve Selby

Preside at Lord's Table:

Rick Jones

Lord's Table:

Lucas Clayton/Jerry Mercer/Lee
Riley/Luke Roberson/Chad Spears/
Ryan Couch

Wing: Jeff Holbrook

Prepare Communion:

Misty Fite

Deliver Communion:

Paul Brown

Sunday, March 17:

Opening Prayer: Scottie Bass

Closing Prayer: Steve Scott

Sun AM Bible Study: 9:30 a.m.

Worship: 10:30 Sun PM: 6 p.m.

Wednesday Bible Study: 7 p.m.

Getting Back in Good Shape

I have recently been reminded of how easy it is to get out of shape where our physical bodies are concerned. This past fall I developed tendonitis in my right foot and spent some time in a boot in order to allow my foot to heal. I was not able to maintain my typical routine of physical activity. After several weeks the boot came off and I was able to walk again without a limp. The only problem: I was now out of the habit of walking and winter's chill did not allow for easy motivation to get back in the habit of walking a few miles a day.

The result of my laziness was predictable, of course. I now huff and puff after climbing a flight of stairs or walking briskly for just a few minutes. This past Thursday morning I finally took the first step in getting back in shape (not that my prior shape was impressive to gaze upon—but I could walk a few miles and climb stairs without calling for Jesus). I knew what would happen again if I didn't start walking and doing some low-impact cardio once again. I was not lacking in knowledge or experience. What I was lacking was motivation.

The same can be said for being in "spiritual shape." I know from many of your social media posts that you read devotionals every day. Some of you read devotionals and a "verse of the day" from multiple sources—and I applaud you for that. Reading just a couple verses of scripture in the morning can assist in allowing us to apply our Christian lens as we prepare for our day. I have personally mentioned two different smart phone apps as a means of encouraging simplified interaction with Holy Scripture.

Here is my concern. I have noticed in my own spiritual walk with God that I have become far too attached and dependent on technology. The scripture I get from devotionals has a place, but it is not a healthy substitute for reading my Bible. Now, of course, as a minister, I will read my Bible in planning classes and sermons. But if that is all I read my Bible for I will not grow spiritually as an individual.

Think about a cherished book or a favorite movie for just a moment. If all you did was watch a twenty-second clip of that movie from time to time or read random quotes from that book, would you have ever reaped the benefits of knowing the whole story? I suspect not. Context is everything when it comes to reading scripture. I encourage you to take a book of God's word and begin reading it in larger sections. In shorter books, such as Paul's letters, a chapter at a time works really well. In some larger works such as the gospels, maybe you just reading two or three sections marked by the printed headings.

This process will allow you to get in the habit of reading your Bible the way it was intended—as a continual story that God is inviting us to be a part of. Holy Scripture was never meant to be a self-help guide or motivational manual. Reading our Bible as intended will help us get back in good spiritual shape.

Keep the faith,

Greg

Prayer Requests:

Matthew Jones was admitted to Vanderbilt Hospital after being found unresponsive Thursday morning.

Wylodean Fite, Jason Fite's mother suffered a severe burn when she fell on Thursday. She is now recovering at home.

Leon Holbrook, Jeff Holbrook's father, has been in the hospital with pneumonia and is now recovering at home.

Continue to remember in prayer:

Howard Spears, Bill Skelton, Lucy Skelton, Sarah Hallman, Jason Fite, Arelus Dye, Jenny Carroll, Harper Bastin, Judy Burton, Emily James, Bettye Ammons, Barbara Eglinton, Dawn Darden, John Beard, Lovada Burklow, Raylan Carroll, Emerie Mitchell, Ronnie Belew, Dana Shanes Lynch, Matthew Jones, Austin Duncan, Beverly Malone, Steve Hopper, Debbie Durham, Glen Garrison, Jim Webb, Darrell Potts, Connye Karpel, Louise Tatum, Janie Ellis, Waylin Spears, Jane West, Mary Lou Morton, Doris Gildersleeve, Jimmy Griner, Barbara Nixon, Stephanie Fielder, Alan Kimbro, Ada Shelborne, Kenneth Carroll, Theresa Lynch, Amanda Dyer, Amber Runions, Leon Holbrook

Upcoming Events:

Today: Baby "Sprinkle" in HCoC lobby for Poppy Hinson 2:00-3:00 p.m.

March 31: Bridal shower for Allison Renee Henderson @ 2:00 p.m. in the FLC

April 6: Wedding shower for Bethaney Bass @ 1:00-3:00 p.m. in the lobby

April 7: Devo @ Lewis County Nursing & Rehab at 2:00

Wednesday: Classes for all ages at 7:00 p.m.



Sweet little Poppy is on her way.
Let's celebrate with a special day!
Big brother Ezra is happy to share
toys and books, yet no diapers to spare!
No need for a showering of gifts..
just a sprinkle will do.

So let's bring some diapers, a pack of wipes or two!

Join us at a "sprinkle" honoring the arrival of Poppy Hinson.

Come celebrate with Laine, Ally and Ezra.

Today at 2:00-3:00 p.m. in the HCoC Lobby



*You are invited to a
Wedding Shower
honoring
Bethaney Bass*

*Saturday, April 6 from 1:00-3:00 p.m.
in the HCoC lobby.*

*Bethaney and Josh are registered at
Walmart and Target.*

You're invited to read Genesis 1:1; John 1:1-18 and John 20:19-29 in preparation for Wednesday evening's adult class.

This Wednesday evening only: the side and back entrances will need to be used as renovations are underway in the front lobby. The front doors will not be available. The adult class will meet in the wing.

Pantry

This week's items are:

Spaghetti noodles, Hamburger Helper, spaghetti sauce, macaroni & cheese



Please join us for
a Bridal Shower
in honor of
bride-to-be

Allison Renee Henderson

Sunday, March 31 at 2:00 p.m. in
the Family Life Center.

Registered at Walmart and Target



Join us tonight at
6:00 p.m. for
Summit as we sing
and share

devotional time together.